

Be a Greener Shopper



Materialism is a huge problem in our modern world. Many of us find ourselves buying things we do not really need only to clutter our homes and discard them soon after. In so doing, not only does the product itself contribute to the growing waste problem, so too does the packaging. By being a greener shopper, can help reduce waste and be a little kinder to the Earth.

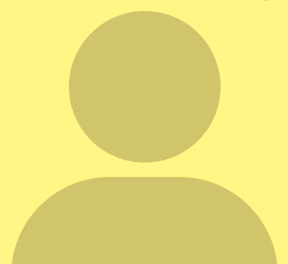


Here are some tips

Shopping is Not a Sport

Shopping should be based on your needs—disconnect it from your emotions. Browsing in store or online is not a good way to relax.

Need?

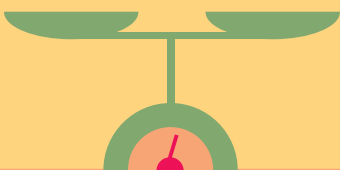


Need?

Want?

Buy with Intention

Assess whether it is a need or a want. If it is a want, will it truly bring you joy? The bigger the purchase the more time you should think it over. Better yet, research before buying.



Look for a More Sustainable Alternative

Sometimes, buying cannot be avoided, but a more sustainable alternative can be found. These days, we can find locally sourced, in-season, sustainably packaged, cleaner alternatives.



Eliminate the Ease of Shopping

Making impulse purchases has become too easy. Remove your credit card details from your browser so you must physically retrieve your credit card before spending.



Buy Something Used

Buying at a used goods store can help you save money as well as the environment. Trendy clothes, books, housewares and even unique items can be found cheaply at these stores.



Education Department