



NATURE IS THE HEALER

A 3-day Retreat with Tribal Messenger, Jhon Kwano

**“Come outside the circle of expectations,
go beyond your borders and whatever you meet there,
embrace it completely” -- Jhon Kwano**



KFBG is delighted to once again host Jhon Kwano, an elder from the Dani tribe in the highlands of Papua, the largest island in Melanesia. Papua is one of the most bio-culturally diverse places on Earth and Jhon's people still live as their ancestors have for thousands of years, in harmony with nature.

Jhon is from the last generation of his people to receive traditional initiation and he was identified from an early age for the role of Messenger, sharing the message of his tribe with outsiders and reporting back with what he has seen in the outside world. He is the only one known to be playing this role outside of Melanesia. As such he is authorized to represent not only the Dani, but also other cultures in both Papua and the rest of Melanesia.

In this retreat, Jhon will share the knowledge of his culture, the challenges they face and his journey through the 'Four Worlds'. He will help participants explore how to harmonise our relationship with nature in the modern world and guide them in a journey of healing in the beautiful natural surroundings of Kadoorie Farm.

The retreat will be based at the Green Hub in Tai Po and will include personal sharing, cooking together, experiential exercises, yoga and Breath of Bliss™: a breathwork practice that infuses you with aliveness using deep, circular breathing, movement and sound.

The retreat will be facilitated by Andrew McAulay, Chairman of KFBG, who has overseen the development of KFBG's programmes since its 'rebirth' in 1995 as a nature conservation center. Andrew will share KFBG's philosophy and how it has evolved over the years, as well as his own personal journey of healing from cancer.

Date	24 th - 26 th , November, 2017
Time	24 th November 0900 to 2100 25 th November 0830 to 2100 26 th November 0830 to 1630
Venue	Green Hub, at the Old Tai Po Police Station, and Kadoorie Farm and Botanic Garden, Tai Po
Language	English
Fee	HKD 3,000 + Accommodation Fee (depending on room type) All meals included

If you are interested in this retreat, please visit KFBG website (www.kfbg.org) or contact Ms Irene Pang at 2483 7109 or email irenepang@kfbg.org